

Who Are The Cyprus Anti-Cancer Society?



The Cyprus Anti-Cancer Society (established in 1971) is a registered Charity Organisation that cares for people with cancer providing them with complete Palliative Care Services in line with international standards. The Society's aim is to support the patients' families and caregivers, but also inform the wider public about cancer prevention, diagnosis, treatment and relief.



Our psychologist is there to help the patients throughout their cancer journey. The frequency and number of sessions with the psychologist varies according to individual needs. Bereavement support is provided if required.

Physiotherapy

Physiotherapy is offered at "Evagorion" Center. A modern physiotherapy room operates at the centre, to help assess and treat patients with mobility problems. Groups and individuals can be guided to:

The Cyprus Anti-Cancer Society opened its Palliative Day Centre in Limassol, in February 2011. The building was graciously donated by the Evagoras Lanitis family, for the benefit of cancer patients in the area of Limassol and Paphos. It is now the home of the Limassol branch of the Cyprus Anti-Cancer Society.

- Cancer patient services at "Evagorion"
- Day care – outpatient unit
- Home care
- Patient social groups
- Counselling
- Patients' Transportation Programme
- Physiotherapy



Day care unit

The Day Care Unit is equipped with six beds for blood transfusions, hydration, wound care and other treatments. These services are offered to all cancer patients under the supervision of a physician, specially trained in palliative care and a staff nurse. Cancer patients can be referred to "Evagorion" for treatment by their doctors, the Bank of Cyprus Oncology Centre or the Oncology ward of the Limassol General Hospital.

Home care

The Home Care Service is available for cancer patients who choose to stay at home. Referral from the patient's doctor (oncologist) is necessary.

The Home Care Service offers: monitoring of blood pressure, wound management, stoma care, urethral catheter care, taking of blood samples, injections, on loan equipment for home usage, e.g. wheelchairs, toilet and bathroom aids, oxygen and other.

Counselling

The psychological support and counselling services offered at the centre are an essential part of the holistic approach to cancer patients' treatment. Counselling helps patients and families to: understand their emotions, learn stress management and relaxation techniques, manage intense and uncomfortable feelings like shock, fear, anxiety, depression, guilt, denial, loneliness etc..., adjust to changes, cope better with their illness and treatment, communicate their wants and needs.

regain independence and function following treatment, reduce lymphoedema (swelling related to treatment involving lymph nodes), learn techniques to control certain types of breathlessness, exercise correctly, following certain types of surgery and radiotherapy, deal with muscle weakness, control certain types of pain, deal with problems of balance and coordination.

Patient Social Groups

The groups meet twice a week at "Evagorion" in the company of professionals, for recreational purposes. The Cyprus Anti-Cancer Society, created a social support network for cancer patients who have a) undergone therapies or b) are currently receiving treatment. Patients are offered occupational therapy, physiotherapy, psychotherapy, as well as music therapy.

Patients' Transportation Programme

The Cyprus Anti-Cancer Society offers free transportation to cancer patients travelling from Limassol to the Bank of Cyprus Oncology Centre and the Nicosia General Hospital, from Monday to Friday. The bus departs early in the morning and returns before 3:00 p.m. daily. Patients undergoing chemotherapy or radiotherapy in Nicosia can take advantage of this service.

Fund Raising for "Evagorion"

The centre is operated and funded by the Cyprus Anti-Cancer Society, the oldest cancer charity on the island. The Society is supported by private and corporate donations and by a government subsidy which covers approximately 20% of its operational expenses. A team of 68 professionals work in patient care to address the needs across the island. Many volunteers raise funds for the society and participate in its events, to raise the remaining 80% of funds required.

Anyone can join this effort by:

Organising its own social event and donating the proceeds
By an online donation at www.anticancersociety.org.cy or Bank deposit - Cyprus Anti-Cancer Society bank accounts are available on their website

By a donation or a bequest in their will

By supporting donations instead of offering flowers at funeral services

By becoming a lifetime member of Cyprus Anti-Cancer Society, at a fee of €100

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